

The human desire for an enhanced physical appearance has a long and interesting history. Think Cleopatra.



As materials, technology, and techniques have developed, aesthetic procedures have become increasingly more common and prescribed by physicians of varied specialties. We recognize that a “healthy glow” originates from within. Good health and looking good go hand in hand. In fact, looking as good as you feel enhances self esteem and supports your well-being, which nurture your outer beauty.

But if that's not enough ...

Your total health is our number one concern. But to enhance the outer representation of your inner vigor, Paul Benson, D.O., Board Certified in Family Medicine and Medical director of the Be Well Medical Center, has incorporated cosmetic services into the clinic's primary medical practice.

Our Mission

We are not a spa. Our focus is on improving your wellness and your skin in a comfortable and pleasing environment. Dr. Benson's Be Well Skin Rejuvenation Center is committed to maintaining the highest level of expertise, with cutting-edge equipment and personalized professional service.

We specialize in treating men, women and teens ... and our pricing will surprise you.

Come on in. Let's talk about an individualized treatment plan to match your needs and desires. If we can't meet your goals, we'll talk about that too. And we can refer you to a cosmetic surgeon or dermatologist if needed.

Your Youthful-Looking Skin Begins with Our Imaging Analysis and Consultation



Our highly specialized Canfield photographic system captures and quantifies six key elements of your appearance:

- wrinkles

- spots
- pores
- evenness (color variation of skin tone)
- porphyrins (evidence of bacteria)
- UV spots (sun damage)

We use all of this vital information to customize a safe and effective treatment plan specifically designed just for you, regardless of the color or condition of your skin.

Removing Red and Brown Spots with AFT Pulsed Light

Most red vascular and brown melanin spots are safely and effectively removed using AFT pulsed light technology. AFT produces light energy that is precisely absorbed by only the targeted areas, not the surrounding unaffected skin.

- Spots disappear, leaving your skin with a healthy and more youthful appearance.
- Little or no discomfort.

- Return to normal activities right away.
- Most patients require no anesthesia, though topical anesthetic is an option for sensitive areas.

Skin Resurfacing with Pixel-Perfect Erbium Laser

Remove years of aging from your face with our pixel-perfect laser.

- Reduce fine lines.
- Fill in scars.
- Shrink pores.
- Removing uneven pigmentation.

By creating thousands of microscopic perforations in your skin and allowing your skin's top layer to rapidly heal from the edges inward, new collagen growth is stimulated, which dramatically improves your skin's texture and tone.

Turn Back the Clock with Skin Tightening

A facelift is a serious surgical procedure ... and it's expensive. New technology is now available that uses infrared light to firm up loose skin as well as offering an opportunity for skin remodeling. This treatment is safe, comfortable, and it works ... with no painful surgery, no scarring, and no downtime.

Medical Microdermabrasion

We use the industry-leading Diamond Tome Skin Resurfacing System for this procedure.

- Reduce acne scars.
- Even out skin tone.
- Reduce fine lines and wrinkles.

Patients experience softer, smoother, cleaner-looking skin after just the first treatment.

JetPeel Skin Rejuvenation

This procedure is becoming the Number One patient-preferred skin treatment in the world! It is an all natural, virtually painless skin treatment that dramatically and rapidly improves the appearance and texture of your skin. The treatment gently “pressure-washes” your skin — water and oxygen are delivered at supersonic speed to unclog pores, treat acne, and remove blackheads and any debris that has built up over the years.

JetPeel is a lower-cost alternative to laser therapy for skin rejuvenation. It is safe and effective, and the results are immediate.

Chemical Peels

These are prescription-based solutions formulated to treat environmentally damaged skin. They remove the outer surface of your skin leaving behind a tighter, more youthful appearance. Wrinkles and sun damage are reduced, and overall skin tone and texture are much improved.

Non-Surgical Facial Contouring

Are your smile lines more pronounced than they used to be? Are you noticing that you no longer have the cheeks of your youth? As you age, your face changes shape and loses fullness and elasticity due to sun, gravity, illness, smoking, genetics, and other factors.

Facial contouring uses injectable soft tissue fillers to restore a more youthful appearance. This technique reduces or eliminates hollow areas, wrinkles, and creases on your face.

Dr. Benson is a pioneer in the use of Sculptra, an injectable facial volumizer that has improved the lives of thousands. He has trained dozens of plastic surgeons and dermatologists around the country in this exciting procedure. We also use other types of new-generation fillers, depending on individual preferences and desired results.

Botox Treatments

Botox was engineered to reduce the appearance of wrinkles, and worry and frown lines, and it does a great job. But it has turned out to be a lot more than that, helping stop exaggerated muscle activity in people with hyperactive expressive muscles and successfully treating those who suffer from excessive sweating.



Both IPL and Laser treatments are used to remove unwanted hair, especially on the face, but also on the body.